



*Waterloo Catholic School Board Proudly Presents*

# Staying Informed



## ***N**avigating **T**he **T**een **Y**ears*

The teen years can be a confusing and overwhelming time for both teens and parents. St. Benedict's is pleased to offer a community information session that will address specific areas of concern; providing parents with a better understanding of some of the challenges teens encounter, as well as providing strategies for working through these challenges.

The evening will consist of short presentations, followed by an open form carousel for those wishing to speak directly with community agency representatives.

*We invite you to join us:*

*Wednesday, April 10, 2019*

*6:30 p.m.*

*For more information, please contact:*

*Sandra Ayerst*

*Social Worker—St. Benedict C.S.S.*

*519-621-4050 ext. 5191*